

## Part-Time Remote Nutrition Coach Job Profile

**Company:** CrossFit Green Leaf

**Location:** Remote (Dallas Fort Worth Area Preferred)

**Job Title:** Part-Time Remote Nutrition/Wellness Coach

### Job Description:

CrossFit Green Leaf is seeking a knowledgeable and passionate Part-Time Remote Nutrition Coach to support our members' health and fitness goals. The ideal candidate will have a strong background in nutrition and a commitment to helping others achieve optimal wellness through personalized nutrition guidance. Your expertise and dedication will play a key role in enhancing the overall well-being of our community.

### Key Responsibilities:

- **Personalized Nutrition Plans:** Develop and implement customized nutrition plans tailored to individual members' goals, dietary preferences, and lifestyle.
- **Remote Consultations:** Conduct regular one-on-one consultations with members via video calls, phone calls, or messaging platforms to assess progress, answer questions, and provide ongoing support.
- **Education and Guidance:** Educate members on the principles of healthy eating, macronutrient balance, meal planning, and sustainable lifestyle changes.
- **Monitor Progress:** Track and evaluate member progress, making adjustments to nutrition plans as needed to ensure continued success.
- **Support and Motivation:** Provide continuous encouragement and motivation to help members stay on track with their nutrition goals.
- **Content Creation:** Create educational content, such as blog posts, newsletters, and social media updates, to share nutrition tips and promote healthy eating within the CrossFit Green Leaf community.
- **Collaboration:** Work closely with CrossFit trainers to ensure a cohesive approach to members' fitness and nutrition goals.

### Qualifications:

- **Certification:** Relevant certification in nutrition (e.g., Registered Dietitian, Certified Nutrition Specialist, Precision Nutrition) required.
- **Experience:** Previous experience providing nutrition coaching or counseling preferred.
- **Knowledge:** Strong understanding of nutrition science, dietary guidelines, and behavior change principles.
- **Communication Skills:** Excellent interpersonal and communication skills, with the ability to connect with and inspire members remotely.
- **Technical Skills:** Proficiency in using digital communication tools and platforms for remote coaching.
- **Availability:** Flexible schedule to accommodate member needs, including evenings and weekends.

### Benefits:

- Competitive hourly wage \$30/hr.
- Flexible remote work environment.
- Opportunity for professional development and continuing education.
- Collaborative and supportive team culture.

### How to Apply:

Interested candidates should submit their resume, a brief cover letter detailing their nutrition coaching experience and philosophy, and a copy of their relevant certification to [crossfitgreenleaf@gmail.com](mailto:crossfitgreenleaf@gmail.com).

**Join our team and help our members achieve their health and fitness goals through expert nutrition guidance!**