

## Part-Time Bootcamp Instructor Job Profile

**Company:** CrossFit Green Leaf

**Location:** Dallas Fort Worth Area

**Job Title:** Part-Time Bootcamp Instructor (No Barbells)

### Job Description:

CrossFit Green Leaf is looking for an energetic and dynamic Part-Time Bootcamp Instructor to join our team. The ideal candidate will have a passion for fitness and the ability to lead high-intensity, no-barbell bootcamp classes that challenge and inspire participants. Your enthusiasm and commitment to helping others achieve their fitness goals will contribute to a positive and motivating environment.

### Key Responsibilities:

- **Lead Bootcamp Classes:** Conduct high-energy, no-barbell bootcamp classes, focusing on bodyweight exercises, cardio, and functional movements.
- **Program Development:** Create and implement effective bootcamp workouts that cater to various fitness levels and ensure participants are engaged and challenged.
- **Provide Individual Attention:** Offer personalized coaching and feedback during classes to help members improve their form and achieve their fitness goals.
- **Motivate and Inspire:** Foster a supportive and encouraging atmosphere, motivating participants to push their limits and achieve personal bests.
- **Monitor Progress:** Track and assess member progress, providing encouragement and adjustments to training plans as needed.
- **Safety and Equipment Maintenance:** Ensure the safety of all participants by maintaining a clean and organized workout space and properly handling and storing equipment.
- **Engage with Community:** Participate in gym events, workshops, and community outreach programs to promote CrossFit Green Leaf and its mission.

### Qualifications:

- **Certification:** Relevant fitness certification (e.g., ACE, NASM, ISSA) required.
- **Experience:** Previous experience leading group fitness or bootcamp classes preferred.
- **Knowledge:** Strong understanding of bodyweight exercises, functional movements, and cardiovascular training.
- **Communication Skills:** Excellent interpersonal and communication skills, with the ability to inspire and motivate members.
- **CPR/AED Certification:** Current CPR/AED certification or willingness to obtain.
- **Availability:** Flexible schedule, including evenings and weekends.

### Benefits:

- Competitive hourly wage \$25/hr.
- Access to gym facilities and classes.
- Opportunity for professional development and continuing education.
- Collaborative and supportive work environment.

### How to Apply:

Interested candidates should submit their resume, a brief cover letter detailing their coaching experience and fitness philosophy, and a copy of their relevant certification to [crossfitgreenleaf@gmail.com](mailto:crossfitgreenleaf@gmail.com).

**Join our team and help our members reach new heights in their fitness journey through high-intensity bootcamp training!**